

# CHECKLIST: WATER PRESSURE

*Excessive household water pressure can cause fixtures and appliances to wear out or break and can cause leaks!*

1. Find your water pressure regulator. See examples in TIPS on the back.
2. If your pressure regulator has a gauge, check it to see what the PSI reading is. Then go to Step 4.
3. If not, borrow a pressure gauge from your congregation or Ambassadors.
4. Screw the pressure gauge into the hose spigot nearest the pressure regulator. Turn it on and read the water pressure.
5. Now for the Big Question: *my current water pressure is less than 60 psi.*

YES

NO

## If no, TAKE ACTION!

- Adventurous or DIY people can do it themselves with a wrench or screwdriver, but many will want to call a plumber or handy-person.
- If you decide to try it yourself, check out the TIPS on the back side, as well as the Do It Yourself videos on the Water Conservation Challenge web site.

Date Completed: \_\_\_\_\_

## THIRSTY FOR MORE?

Visit: [CityofSanRafael.org/Water](http://CityofSanRafael.org/Water) for more water pressure actions!

## TIPS

Water pressure regulators come in many styles. We'd hate for you to try this yourself and break something, so generally we recommend getting a good plumber or handy-person that knows what they are doing. However, there are many good DIY videos online that you can find to help you through the process, and generally all you need is a screwdriver and wrench.

A few web sites are:

[PlanItDIY.com](http://PlanItDIY.com)

[HomeGuides.SFGate.com](http://HomeGuides.SFGate.com)

[DIYPlumbingAdvice.com](http://DIYPlumbingAdvice.com)

*But there are many more!*



*Two common types of pressure regulators*