



Live life locally

San Rafael Goldenaires

NEWSETTE

JULY 2015

VOLUME XLVII

Phone: (415) 485-3348

You can also read the Newsette online:

http://www.cityofsanrafael.org/Government/Community_Services/Programs/Senior_Programs

TICKETS STILL AVAILABLE!

**THE GOLDENAIRES
INVITE YOU TO THEIR
2nd SUMMER SPLASH**



**American STYLE
FRIDAY, JUNE 19th
\$12.50 PER PERSON
12:30PM (doors
open between 12- 12:15PM)
SAN RAFAEL COMMUNITY
CENTER**

Come spend a lovely afternoon with your fellow friends & members and CELEBRATE SUMMER with delicious American food and decorations. Buffet lunch will be served at 12:30pm. SEATING IS FIRST-COME, FIRST-SERVED. No need to rush in as all seats will be great.



LUNCH WILL BE PROVIDED OUR FAMOUS KITCHEN CREW, CHAIRED BY PRESIDENT JOANNE!. MENU: ½ Chicken, Potato Salad, Rolls, Apple Pie Ala Mode & coffee. Let's have a big crowd of Goldenaires and celebrate SUMMER!! We will also have some special entertainment. The day should end at approximately 2pm. Wine/beer will be available at \$4.00/glass! Get your tickets NOW –tables reserved for groups of 8-9 people.

CANCELLATION/RESERVATION: June 17 (WED)

TICKETS STILL AVAILABLE!

**ALOHA! THE GOLDENAIRES'
ANNUAL LUAU**

JULY 10TH - FRIDAY

**12:30PM Lunch is served
(Doors open 12/12:15PM)
\$18.00/person**



**Luncheon held at the San
Rafael Community Center**

Catered by DEBBIE

GHIRINGHELLI CATERING

**IT'S THE GOLDENAIRES' ANNUAL LUAU
AND YOU DEFINITELY DON'T WANT TO
MISS THIS EVENT!**

This is our first time presenting the LUAU as a lunch (cost of the dinner/dance last year was \$27.50) and we are hoping for a big crowd.

**GOOD NEWS! "Bring a friend" to the LUAU
and you do not have to pay the additional \$5
for bringing a non-member!**

MENU: Green salad, Barbecued Chicken, Pork, Pineapple Rice, Hawaiian Rolls, Sherbert Ice Cream & Cookies-coffee & tea.

WINE & BEER available for purchase & soda pop!
Following lunch, we will have some fabulous entertainment by a renowned UKULELE JUBILEE group from Marin County and other areas. You are in for a real treat with this group as we are most pleased to have our current Ukulele instructor, Tucker Spolter, be a part of this group! He promises that you will all be laughing, smiling & dancing! We also hope for a hula dance!

RESERVATION/CANCELLATION DATE JULY 7TH

TABLE OF CONTENTS

Special Events.....1, 4-7, 8-13
 Classes.....9-10,15
 Sunshine Report.....2
 President’s Message3
 Upcoming Outings4-8, 13-15
 Goldenaires Calendar.....15
 Announcements.....3, 8 - 16

**The Newsette, City of San Rafael
 San Rafael Goldenaires Senior Citizens
 Organization, Inc.**

**Community Services Department
 P.O. Box 151560 – 618 B STREET
 (next to Safeway-off 2nd Street)
 San Rafael, CA 94915-1560
 (Non Profit # 59-3837185)**

Phone: (415) 485-3348 Fax: (415) 485-3186
 Office Hours: Mon–Fri 9:00 AM—3:00 PM
 All Goldenaires activities take place at the
 San Rafael Community Center
 (ADA accessible) at 618 B Street

President

Joanne Castaldo

Vice President

Loretta Soldavini

Recording Secretary

Peggy Rivette

Treasurer

Effie Lee

Past President

Vivian Berliner

Board Members

Elida Canziani

Jack Ciardelli

Carol Herbert

Isabelle Keeney

Dorothy Rogers

Committee Chairpersons

Kitchen – Marge Wehrer

Bingo – Carol Herbert & Lynn Goodfellow

Decorations – Joanne Perrone

Crafts – Elida Canziani

Newsette – Pat Mason

Dances – Joanne Castaldo

Office Volunteers

Peggy Rivette, Patricia Semple,

Isabelle Keeney,

Karen Torney & Lorraine Raggio

(Jackie Dema - relief)

Program Director

Carol Jacobs-Courtz

Have a friend who would like to join the Goldenaires? Annual membership fee is \$30/year. If joining in July, membership fee will be \$15 for remainder of the year. A name badge is optional for a \$9 fee. Membership will expire Dec. 31, 2015. Members must be 62 years or older.

SUNSHINE REPORT by Lorraine Raggio



The thought of the day is as follows:

You’re not allowed to complain about it unless you're trying to do something about it.

ILL MEMBERS:

Winnie Derrickson fell, Tom Pasquin was in the hospital, our co-worker Peggy Rivette had hip surgery. We wish you all a speedy recovery.

DEPARTED MEMBERS:

Dorothy Carleton is greatly missed by her husband Bob, Camille Mariani is survived by her loving daughter Linda Goode, Leila (Lee) Armstrong is deeply mourned by her daughters. We remember with sorrow and sadness, all our relatives and friends. Please contact the office if a fellow member needs some cheer.

**OFFICE WILL BE CLOSED & NO CLASSES
 FRI – JULY 3rd (Independence Day)**

BOOKS – BOOKS – BOOKS – BOOKS

Yes, we have 4 bookcases of paperback books for your enjoyment. Please drop by and browse through our wide selection. We also welcome paperback books that are in decent condition with no torn covers. We also have a few jigsaw puzzles. **PLEASE – NO HARDBOUND BOOKS-** not enough space on the bookshelves in the office. *Thank You*

*****SPECIAL NOTICE*****

CELEBRITY CRUISES ARE OFFERING SOME GREAT DISCOUNTS IF YOU BOOK BETWEEN JUNE 1ST & JULY 5TH, 2015. FLYERS AVAILABLE IN OFFICE AND/OR CALL BARBARA NELSON with BARBARA’S TRAVEL AT 1-866-462-7887

TOLL FREE or

BARBARASTRAVEL@EARTHLINK.NET

PRESIDENT'S MESSAGE



How quickly the sixth month has come upon us. I still hear Christmas carols and the Easter bunny hasn't yet to retreat down the bunny hole.

June is National Rose Month; Candy Month; National Fruit and Vegetable Month and Fight the Filthy Fly Month. On June 6, 1944 known as D-Day, more than 160,000 Allied troops landed along a 50 mile stretch of heavily fortified French coastline to fight Nazi German on the beaches of Normandy, France. More than 5000 ships and 13,000 aircraft supported this invasion. By the end of the day, the Allies gained a foot-hold in Continental Europe. The cost: 9000 Allied soldiers killed or wounded but their sacrifice allowed more than 100,000 soldiers to begin their slow slog across Europe to defeat Hitler's troops. 6/18 is National Panic Day and National Picnic Day. It is also the beginning of Ramadan, which ends on July 17th. It is the 9th month on the Islamic lunar calendar day. Every day during this month Muslims spend the daylight hours in a complete fast. They are to make peace with those who have wronged them, strengthen ties with family and friends and do away with bad habits - essentially clean up their lives, thoughts and feelings. 6/20 is Ice Cream Soda Day; 6/21 is Father's Day. On 7/19/1910 the governor of the U.S. state of Washington proclaimed the nation's first "Father's Day". However it was not until 1972, 58 years after President Woodrow Wilson made Mother's Day official, that the day became a nation-wide holiday in the United States. 6/22 National Chocolate Eclair Day; 6/26 Forgiveness Day; 6/29 Hug Day.

July is host to: 7/6 National Fried Chicken Day; 7/14 National Nude Day; 7/15 Cow Appreciation Day (here is your chance to go out and give a cow a hug). July 4th is Independence Day, a federal holiday in the United States. It commemorates the adoption of the Declaration of Independence on 7/4/1776 declaring independence from Great Britain, and is commonly associated with fireworks, picnics, barbecues, fairs, etc.

Our trips for this month: 6/12 Jewel City (Effie); 6/22 Disney Museum (Joanne); 6/25-6/26 El Dorado (tba) (chance of cancellation-needs more sign-ups). Events: 6/15 Monday Night Bingo ; 6/18 Movies in the Afternoon- "Into the Woods"; 6/19 Summer Splash Luncheon; 6/28 Sunday Dance.

Our trips For July: 7/13 Red Hawk (Vivian); 7/16 Kitchen Kut-ups (tba); 7/24 Rosie the Riveter (Effie);

7/26 Royal Society Jazz Orchestra (Joanne); 7/29 Matilda (Vivian). Events: 7/10 Luau Luncheon; 7/19 Sunday Dance.

I'm sure by the time you get this newsletter you received your raffle tickets. This is a great fundraiser for our club so I am asking for your support now more than ever before. The tickets are 12 for \$10.00 and if everyone purchased one packet (12) it would be a GREAT BIG increase in our funds. And when you visit the office on Mondays you will see a new face. We welcome Patricia Semple to the office staff.

WECOMING NEWS!!!!!!!!!! When coming into the Community Center, I'm sure you noticed a pregnant, lovely young lady sitting in the front next to Mary. I am so pleased to tell you that Lidia had a beautiful baby girl and they named her Emily Beatrice. Our very best to a wonderful family!

In closing my thought for you: Every second brings a fresh beginning; Every hour holds a new promise; Every night our dreams can bring hope and, Every day is what you choose to make it.

Peace, Love and Kindness. Joanne

WELCOME

- BETTY JO VAN GELDER KAY SLADE**
- BARBARA PEROLINI DAYNA EHLEN**
- ARLENE KESLER MELODIE TOLIN**
- VERA MARSHALL DIANE HIATT**
- ANN OCHELTREE LEONA LEPAGE**
- SHARON KUWATANI CONNIE GREY**
- JoANN UCHIDA SHIRLEY CASSIDY**
- JUDIE SHOTZ RICHARD O'BRIEN**

A warm welcome to our newest members. We encourage our new members to participate in the many fine activities that we have to offer. You'll meet many of our members & make new friends. Look forward to seeing you!

GENERAL MEETING

JUNE 24th 11:45AM

***** JULY 22nd 11:45AM *****

Executive Board & General Meeting minutes along with treasurer's report and open time for new business. Good Earth Natural Foods lunches are served on Wednesdays at 11:00 AM. If interested, please call (415) 382-1334 the Monday prior for a reservation. LUNCH SERVED FROM 11:00 - 11:30AM. Let's have a good crowd at these meetings. **"The lunch program is made possible through funds from the Federal Older American Act, administered locally by the Marin County Health & Human Services, Division of Aging & Adult Services"**. \$3 donation for 60 years and older OR \$6 charge for under 60 years of age. BINGO begins promptly at 12:00Noon. *****July 22nd Meeting-Summer Raffle Drawing(11:30-11:45AM) NEED NOT BE PRESENT. MORE RAFFLE TICKETS AVAILABLE IN OFFICE. GOOD LUCK EVERYONE!**

SIGNUPS BEGIN TUES JUNE 16TH 9:30AM

**GLASS & TRACKS-
AUG. 6TH (THURS) -
\$90**



ITINERARY: We will depart San Rafael Community Center at 8:30AM and from Park & Ride at Smith Ranch Road at 9:00AM. Our day will begin with a tour and glass blowing demonstration at Nourot Glass Studio in Benicia. These talented glass blowers will enchant your eyes as they model a square piece of glass into an impressive work of art. After your tour you will have time to browse the studio and take in a glimpse of the Scarlet Nova or Red Satin pieces – this color mixture of Red Glass is a secret recipe that The Nourot Glass Company has carefully guarded for decades. At the conclusion of your tour you will board the motorcoach and head to lunch at Cast Iron Bar and Grill in Suisun City. After lunch you will head over to the Western Railway Museum for a docent lead Car House tour and a one hour train ride aboard a Historic Electric Rail Car. This Glass and Tracks day is one you will not want to miss. Should arrive back in San Rafael at approx. 5:00pm. **NO PARKING IN SAFEWAY/CENTER LOTS. Driver's grat. incl. CANCELLATION....JULY 20th (MON)**

SIGNUPS BEGIN TUES JUNE 16TH 9:30AM

**APPLE FESTIVAL-
AUG. 9TH (SUN) - \$50**



The Gravenstein Apple Fair is hosted by Sonoma County Farm Trails and has a long and rich history in Sonoma County. Sebastopol staged its first Apple Show in 1910 on Main Street in a tent across from the Petaluma and Santa Rosa Railway Depot. Today, the Gravenstein Apple Fair continues the tradition of celebrating and exhibiting apples, combined with fantastic live music on two stages, great food, cooking demonstrations from local chefs, arts and crafts booths, a petting zoo, pony rides and so much more. Visitors experience the feeling of an old time country get-together, you can throw darts at apples, ride in a wagon pulled by plow horses, shop the local artisan booths for handmade jewelry, clothing, pottery and gourmet goodies. There are fun activities, like the bee keeper displays, and a fine selection of local wine and brews for the adults. With an incredible selection of food, a wine tent featuring award winning wine from all over Sonoma County and two beer tents, there truly is something for everyone. ITINERARY: We will depart San Rafael Community Center at 9:00AM and from the Park & Ride at Smith Ranch Road at 9:30AM. We will head up to Ragle Ranch Park in Sebastopol for a fun filled day at the Gravenstein Apple Festival. Plenty of food and drink for you to enjoy. We will depart the festival at 2:30pm and arrive back in San Rafael at approx. 3:30pm. **ADMISSION, DRIVER'S GRAT. INCLUDED. NO PARKING IN CENTER/SAFEWAY LOTS. CANCELLATION DATE...JULY 31ST (FRI)**

**SIGNUPS BEGIN TUES
JUNE 16TH 9:30AM**

**EXPLORATORIUM &
DIM SUM- AUG. 19th (WED) - \$74**



ITINERARY: We will depart Park & Ride at Smith Ranch Road at 8:45AM and from the San Rafael Community Center at 9:15AM. We will then head to San Francisco to explore the NEW EXPLORATORIUM at Pier 15. No matter what your age, if you're curious about the world around you, the Exploratorium is the perfect location to fascinate, entertain, and inspire you. The **Exploratorium** is a museum in San Francisco whose stated mission is to change the way the world learns. It has been described by the *New York Times* as the most important science museum to have opened since the mid-20th century, an achievement attributed to "the nature of its exhibits, its wide-ranging influence and its sophisticated teacher training program". Characterized as "a mad scientist's penny arcade, a scientific funhouse, and an experimental laboratory all rolled into one", the participatory nature of its exhibits and its self-identification as a center for informal learning has led to it being cited as the prototype for participatory museums around the world. The Exploratorium was founded by physicist and educator Frank Oppenheimer and opened in 1969 at the Palace of Fine Arts, its home until January 2, 2013. On April 17, 2013, the Exploratorium reopened at Piers 15 and 17 on San Francisco's Embarcadero. The historic interior and exterior of Pier 15 was renovated extensively prior to the move, and is divided into several galleries mainly separated by content, including the physics of seeing and listening (Light and Sound), Human Behavior, Living Systems, Tinkering (including electricity and magnetism), the Outdoor Gallery, and the Bay Observatory Gallery, which focuses on local environment, weather, and landscape. We will depart the Exploratorium at 12:30PM & then head to HOUSE OF BANQUET RESTAURANT on Clement Street for a "dim sum" luncheon. After lunch we will have a scenic ride back to San Rafael-home by approx. 3:30pm. **NO PARKING IN SAFEWAY/COMM.CENTER LOTS. Driver's grat. incl. CANCELLATION..AUG. 3rd (MON)**

SEATS STILL AVAILABLE

RED HAWK CASINO - JULY 13th

(MON) - \$35 ALL PASSENGERS MUST SIGNUP FOR A PLAYERS CARD TO RECEIVE A PACKAGE (you will have a choice of either \$15 slot play or \$20 match play). **BRING YOUR PICTURE I.D.** ITINERARY: We will depart the San Rafael Community Center at 8:00AM and from the Park & Ride at Smith Ranch Road at 8:30AM. We will then head to RED HAWK for a 5 hour stay (10:30AM to 3:30PM). If you haven't attended before, this is a time to go-great casino, great prizes & great food! Back in San Rafael at 5:30/6:00PM. Driver's gratuity incl. **NO PARKING IN SAFEWAY/CENTER LOTS. CANCELLATION DATE...JULY 2nd**

SEATS STILL AVAILABLE

ROHNERT PARK KITCHEN KUT-UPS - JULY 16th (THURS) \$67

Great price for a great day!

ITINERARY: We will depart from the San Rafael Community Center at 9:45AM and from the Park & Ride at Smith Ranch Road at 10:15AM. From there, we will head up to the Rohnert Park for a hosted luncheon (11:00-12:15pm) at OLIVE GARDEN RESTAURANT including salad, breadsticks, ice cream, beverage and tax & tip. Menu Selection: 1) Spaghetti & Meatballs 2) Lasagna 3) Eggplant Parmesan 4) Fettuccini Alfredo 5) Raviolis Portobello. After lunch, we head over to Spreckels Performing Arts Center to see the fabulous 43rd ANNUAL RAZZLE DAZZLE REVUE- Gotta Sing, Gotta Dance at 1:00PM. If you have attended in the past, you are well aware how wonderfully these older adults perform and really put on a great show with singing, dancing & playing instruments. There are 45 active members! The performance is about 2 ½ delightful hours (bring a sweater as it may get cold in the theatre) and we should arrive home at approximately 4:30PM. Seats will be in the mezzanine area, so you will need to be able to walk up some stairs. For those that are really unable to walk the stairs, we have a few seats in the orchestra reserved. **NO PARKING IN CENTER or SAFEWAY LOTS.**

CANCELLATION DATE...June 29th

SEATS STILL AVAILABLE

ROSIE THE RIVETER WWII HOME FRONT- JULY 24th (FRI)-\$61



ITINERARY: We will depart Park & Ride at Smith Ranch Road at 8:45AM and from the San Rafael Community Center at 9:15AM. We will venture to Richmond to visit the ROSE THE RIVETER/WWII Home Front National Historical Park (10-12Noon tour). This relatively new National Park was established in 2000 and is still under development. We will start our visit at the Visitor Educational Center. You will have time to view the temporary exhibits. Explore and honor the efforts and sacrifices of American civilians on the World War II home front. Find out how they lived, worked and got along. Many faces, many stories, many truths weave a complex tapestry of myths and realities from this time of opportunity and loss. You will also meet a few of the “real” Rosie Riveter’s as they volunteer at the museum on Fridays. After our tour, we will head to El Cerrito for a hosted lunch at ROMANO’S MACARONI GRILL. Menu Selection: 1) Chicken Scaloppine 2) Lasagna Bolognese (meat sauce) 3) Shrimp Portofino in lemon butter sauce. Each entrée comes with Caesar Salad & Tiramisu for dessert. Should arrive back in San Rafael at approx. 3:00PM. DRIVER’S GRATUITY INCLUDED.

CANCELLATION DEADLINE....July 10th

SEATS STILL AVAILABLE

ROYAL SOCIETY JAZZ ORCHESTRA-JULY 26th (SUN) - \$85



Don Neely, vocalist Carla Normand, and the ten-piece Royal Society Jazz Orchestra of San Francisco are renowned for authentically performing the exciting sound of Big Band Swing, Hot Syncopated 1920s Jazz, 1930s & 1940s Swing, Blues, Dixieland, Vintage Jazz, and Traditional Jazz. Innovators such as Duke Ellington, Benny Goodman, Paul Whiteman, Count Basie, Fletcher Henderson, Bix Biederbecke, and Louis Armstrong are among the RSJO’s inspirations. They have an unmistakably authentic sound, yet, you will discover upon seeing them live and hearing their recordings, that the Royal Society Jazz Orchestra has a colorful style of its own. Dancers love the infectious rhythms of the Royal Society Jazz Orchestra. Popular dance steps include Swing, Fox Trot, Lindy Hop, Waltz, Tango, Charleston, Rumba, Samba. They play songs by George Gershwin, Fats Waller, Irving Berlin, Hoagy Carmichael, Cole Porter, Walter Donaldson, Harold Arlen, and Johnny Mercer. Also in their colorful repertoire are songs from Tin Pan Alley, Vaudeville, the Cotton Club, and Art Deco-era cinema and Broadway. ITINEARY: Depart Park & Ride at Smith Ranch Road at 10:45AM and from the San Rafael Community Center at 11:15AM.

From there, we will venture to Pittsburg for a hosted lunch at LA VERANDA RISTORANTE ITALIANO (12:30-2PM). Menu Selection: 1) Fettuccini Alfredo with Chicken 2) Eggplant Parmesan 3) Cheeseburger. All entrees served with salad, cheesecake and coffee/tea. After lunch, we will then arrive at the El Campanile Theatre in Antioch for the 3PM performance-JAZZ ORCHESTRA! Should arrive back in San Rafael at approx. 6:30pm. DRIVER’S GRATUITY INCL. NO PARKING IN CENTER/SAFEWAY LOTS.

CANCELLATION DATE...July 10th

SEATS STILL AVAILABLE

DISNEY MUSEUM AT THE PRESIDIO- JUNE 22nd (MON) \$79



ITINERARY: We will depart from Smith Ranch Road Park & Ride at 8:30AM and from the San Rafael Community Center at 9:00AM. Your visit to the Walt Disney Museum located in the Presidio in S.F., will give you an intimate view of one of the World’s most beloved innovators. Inside the museum you will learn about “the man behind the Mouse”. You will also have time to visit a special exhibit that is being presented-Lights! Camera! Glamour! The Photography of George Hurrell brings together a selection of rare, vintage prints from George Edward Hurrell (1904–1992)—one of America’s finest photographers. After our tour, we will drive thru Lucas Arts Campus to view the Yoda Fountain and then arrive at Presidio Café at the

Presidio Golf Course for a hosted lunch. MENU SELECTION: 1) Cobb Salad –chicken
 2) Presidio Par Special- ½ club sandwich with turkey, ham, bacon with a cup of soup & mixed greens
 3)Cheeseburger- ½ lb. beef patty. All entrees served with bread/butter, beverage & dessert. No-Host Bar available. We should arrive back in San Rafael at approx. 3:30PM. NO PARKING IN SAFEWAY/CENTER LOTS. Driver's grat. incl. **CANCELLATION DATE.....June 1st**

SEATS STILL AVAILABLE

EL DORADO
OVERNIGHT and/or
SHOW/BOOMTOWN
DAY 2– JUNE 25th & 26th
(Th/Fr) You make the



choice for either dinner & show or not!

SGL RM: \$104 SGL & SHOW: \$144

DBL RM: \$84/PERSON DBL & SHOW: \$124/PERSON

ITINERARY: Depart from the Community Center at 7:30AM & Park & Ride at Smith Ranch Road at 8:00AM; Sacramento for a breakfast stop , to Reno to the EL DORADO for your overnight stay. This evening, for those that have registered, you will enjoy a buffet dinner (opens at 4PM) & show (7:00-8:30pm) in the El Dorado Showroom- doors open at 6:30pm-TAP FACTORY! This is a fun, rhythm based production show that included urban tap dance & percussion, comedy and acrobatics. Tap Factory is where STOMP meets Tap Dogs! Their feet have a life of their own and the rhythm never stops. This tremendously visual and highly exciting show features the world's best tap dancers & international musicians as they blend the art of percussion with all types of dance forms. DAY 2- Depart EL DORADO at 10:00AM (leave your baggage in your room by the door for an 8:30AM pickup) head to BOOMTOWN for a 4hr. stay (10:30-2:30PM). Refreshment stop at McDonald's on way home. Should arrive back in San Rafael at approx. 7:00PM. NO PARKING IN CENTER/SAFEWAY LOTS. PLEASE BRING \$1 BILLS FOR BINGO. BRING BOTTLED WATER IF NEEDED. DRIVER'S GRATUITY INCL. **CANCELLATION....MAY 26th**
GOODIES: EL DORADO-Buffer dinner & show, breakfast coupon BOOMTOWN: Food Coupon

SEATS STILL AVAILABLE

PHANTOM OF THE OPERA-SEPT. 30TH (WED) \$121

ITINERARY: Depart the Park & Ride at Smith Ranch Road at 12:00PM & San Rafael Community Center at 12:30PM. Head to SF for the 2:00PM performance at the Orpheum Theatre. Back in San Rafael at approx. 5:30/6:00pm. NO PARKING IN CENTER or Safeway Lots. **CANCELLATION DATE.....July 1st**

MOVIES IN THE AFTEROON

Doors open 12:45PM Movie starts 1:00PM

Free popcorn and bottled water! Call the Goldenaires office to reserve a space-there are no bad seats! The movies are shown in the auditorium at the Community Center.



NON MEMBERS WELCOME – \$2.00CHARGE

Thursday, June 18th
INTO THE WOODS



Starring: Meryl Streep, Anna

Kendrick, Emily Blunt, Johnny Depp

As the result of the curse of a once-beautiful witch (Meryl Streep), a baker (James Corden) and his wife (Emily Blunt) are childless. Three days before the rise of a blue moon, they venture into the forest to find the ingredients that will reverse the spell and restore the witch's beauty. During their journey, they meet Cinderella, Little Red Riding Hood, Rapunzel & Jack, each one on a quest to fulfill a wish. **Rated: PG 2 hours 4 minutes**
(NO MOVIES TILL SEPTEMBER)

TICKETS NOW ON SALE!



15th ANNUAL

CHINESE LUNCHEON
AUGUST 7th – FRIDAY

12:30PM \$15/PERSON
SAN RAFAEL COMMUNITY CENTER

Come celebrate the **Year of the Goat** with your fellow friends and members and enjoy an authentic Chinese day with delicious food and lively entertainment. Buffet lunch will be served at 12:30pm (** doors open at 12/12:15pm). Seating is first come, first served, but no need to rush, as all seats will be great. Lunch will be provided by **YET WAH RESTAURANT.**

MENU: Spring Rolls (1), Lemon Chicken, Sweet & Sour Pork, Mongolian Beef, Chicken Chow Mein, Vegetable Deluxe, Steamed Rice, Fortune & Almond Cookies and plenty of tea. Please bring your own "doggie bag". MENU SUBJECT TO CHANGE. WOW! After lunch, we will be entertained by the Marin Chinese Cultural Association with lovely costumes & delightful music and the traditional LION DANCE. Let's have a big crowd! The event will end around 2pm. **This event is open to members & adult non-members-bring a friend at no extra fee!** Get your tickets NOW – don't be left out on this special day! Tables reserved for seating for 9 people. **RESERVATION DEADLINE: Aug. 4TH (TUES)**

COLLETTE TOURS FOR 2015
BROCHURES AVAILABLE IN OFFICE

All trips INCLUDE air from SFO, Air Taxes, Transportation to/from San Rafael to the airport, cancellation insurance. Brochures available in Office

MAINE'S RUGGED COAST:

JULY 25-AUGUST 1, 2015 Highlights: Boston, Boston Harbor Cruise, Bar Harbor, Acadia National Park, Freeport, Boothbay Harbor, Lobster Dinner, Kennebunkport

COLORADO ROCKIES (featuring National Parks & Historic Trains):

SEPT. 4-12, 2014 Highlights: Denver, Rocky Mountain National Park, Grand Junction, Arches National Park, Canyonlands National Park, Colorado National Monument, Durango & Silverton Railroad, Mesa Verde National Park, Pike's Peak Cog Railway, Garden of the Gods

AMERICA'S MUSIC CITIES:

OCTOBER-16-23, 2015 Highlights: Historic RCA Studio B, Country Music Hall of Fame, Ryman Auditorium, Grand Ole Opry Show & Backstage Tour, Graceland, French Quarter, Swamp Tour, New Orleans School of Cooking

SOUTHERN CHARM HOLIDAY:

DEC 6-11, 2015 Highlights: Historic Charleston, Boone Hall Plantation, Beaufort, Savannah, Factors Walk, Jekyll Island

REFLECTIONS OF ITALY:

March 8-17, 2016 Highlights: Rome, Colosseum, Assisi, Perugia, Siena, Florence, Chianti Winery, Venice, Murano Island, Milan

SPOTLIGHT ON WASHINGTON, D.C.

April 13-19, 2016 Highlights: U.S. Capitol Building, WWII Memorial, White House Visitor Center, Mount Vernon, Arlington National Cemetery, Smithsonian Institution, Baltimore, Annapolis, Washington National Cathedral, Ford's Theatre

THE CRAFTY LADIES ARE HARD AT WORK!

Store Front. Yes, the Goldenaires crafty ladies have a



storefront. Take a look to the right as you enter the B Street community center. Like all storefronts, it is only the beginning and to shop you must walk inside. So walk down the hall and into the

Goldenaires office (store). On display are many more items and a friendly receptionist (shopkeeper) to help you with purchases. Shop and support the Goldenaires when you need baby or adult gifts, something for the home, or even for yourself.

BINGO DAYS – WEDNESDAYS



JUNE 24th
JULY 1st, 8th, 22nd, 29th

OPEN TO THE PUBLIC!
Anyone over the age of 18 yrs, can play!

Bingo, held at the San Rafael Community Center, is open to anyone 18 years and older. **Doors open at 9:30 AM Bingo games start promptly at Noon.** Free coffee! 16 games of Bingo are played Bingo packs of 10 sheets per pack – 3 squares per sheet - \$4.00/pack, 6 squares per sheet – \$7/pack. ALL SPECIAL GAMES ARE \$1.00 per sheet and prizes pay out at \$100 - \$150 Cash!!! If your birthday occurs during the week of a Wednesday Bingo (Sunday to Sunday), you will receive a FREE dauber. If your birthday occurs during the 3rd week, when there is no Bingo, it will be recognized on the 4th Wednesday!

BIRTHDAYS APPLY TO ALL PLAYERS!!
MUST SHOW DRIVER'S LICENSE OR ID.

***** GOOD EARTH NATURAL FOODS** will serve lunch on Wednesdays before Bingo at 11:00 AM. Lunch served till 11:30 AM. Besides a wonderful meal, you can share special times with your fellow friends. Suggested donations for lunch are \$3 for seniors and disabled persons and \$6 fee for those under 60 years old. **"This program is made possible through funds from the Federal Older American Act, administered locally by the Marin County Health & Human Services, Division of Aging & Adult Services"**. Lunch reservations must be made by calling (415) 382-1334 by **4:30 PM the Monday before**. Please state that the meal site is at the San Rafael Community Center. **Home-delivered meals (Meals on Wheels) are available for those in need. Call 473-2539 for details, menus and to sign-up.**

Home-delivered meals (Meals on Wheels) are available for those in need. Call 473-2539 for details, menus and to sign-up for delivery.

**CRUISE THROUGH THE PANAMA CANAL ON HOLLAND AMERICA
16 DAYS FROM SAN FRANCISCO TO FT. LAUDERDALE
September 30th to October 17th, 2015**



A Little History: Transit the Canal on Oct. 11 from 5 am. – 7 pm. The Journey is 50 miles long, flanked by a Rain Forest, 3 Locks plus a set of NEW LOCKS for the new wider ships being built. Watch for seabirds, an occasional crocodile, a U.S. submarine and Japanese cars piled high on barges!!! The locks will lift your cruise ship 285 feet to the level of Gatun Lake, 160 square Miles, and you will cross the Continental Divide. 52 million gallons of fresh water flush out to sea as each ship passes through these locks; each lock being 1000 Feet long.



EACH STATEROOM OFFERS \$75.00 ONBOARD CREDIT

CATEGORY J – Inside Room/some midship	\$1859.00 dbl per person
CATEGORY C – Full Ocean View midship	\$2349.00 dbl per person
CATEGORY VA- Verandah midship	\$3219.00 dbl per person
CATEGORY SS – Suites w/Verandah midship	\$4090.00 dbl per person

Above rates are savings of up to 50%!!! Taxes & Transfer are \$425 pp. Travel/Cancel Insurance from \$159 pp. One-way Air home from \$181 pp.

YOUR ITINERARY

San Francisco, 2 Sea Days, Cabo San Lucas, 2 Sea Days, Huatulco MEX, Puerto - Chiapas MEX, Sea Day, Costa Rica, Sea Day, FULL TRANSIT PANAMA CANAL, Cartagena COLUMBIA, 2 Sea Days, PRIVATE ISLAND HALF MOON CAY, Ft. Lauderdale. **OPTIONAL ON HALF MOON CAY: RENT A CABANA FOR THE DAY. Stocked with food and drink, Swim gear of floats, fins, snorkels. Visit Stingray Cove, Wild Bird Reserve, Horseback ride, Get your Hair Braided, or a Massage.**

Call BARBARA NELSON, Barbara’s Travel Toll Free: 866-462-7887 OR email at barbarastravel@earthlink.net
Ship’s Registry is the Netherlands CST 1003321-10 **YOU SUPPORT THE GOLDENAIRES WHEN YOU VACATION ON THIS CRUISE.**

New Year’s in San Antonio



**At the Hilton Palacio del Rio
December 29, 2015 – January 2, 2016**

****Roundtrip Home Pick-Up
Airport Transfers**

Boat Cruise down the Paseo del Rio

**◆ New Year’s Eve Gala Dinner & Dancing &
New Year’s Day Brunch**

◆ Visit the Alamo

◆ Visit San Jose Mission & the SAS Store

**◆ Day trip to Fredericksburg including
LBJ National Park & Admiral Nimitz Museum and MORE!!**

Per Person Prices: \$2045 Double / \$2520 Single

Be sure to pick up the brochure at the Goldenaires office



Youthful Hearts Fitness Classes for 62+

Exclusively for Goldenaires Members*


Taught by ACE-Certified Instructor Jeanette Logan,
Specializing in Senior Fitness since 1994

Want to take greater control of your health, make friends and have fun as you grow older? Of course you do! Come join us for supportive, uplifting group fitness classes that will help you improve not only your physical fitness but also your mental, emotional and spiritual fitness as well! Learn to safely work with your limitations and actually enjoy exercising your body and mind for a positive health promoting experience. Now is the time for a better life!


Youthful Hearts Exercise done on a regular basis can help with:

- ~ Improving Heart & Brain Health
- ~ Increasing Vitality and Flexibility
- ~ Regaining Joint Mobility
- ~ Burning Calories and Releasing Stress
- ~ Overall Body Awareness & Stamina
- ~ Strengthening Bones and Muscles
- ~ Developing Better Balance
- ~ Expanding Breathing Capacity
- ~ Feeling Younger and Sleeping Better
- ~ Building Confidence & Self Compassion


Your **first class is FREE** so come in for a tryout! 3 great classes for **women & men** to choose from:




1. Fit & Fun, Low-Impact Aerobics, Monday and/or Friday, 9:30-11:00am. This class includes a 10-minute warm-up, followed by approx. 30 minutes of low impact aerobics done to a variety of music. After a water break we do a 35-minute mix of standing and seated exercises using resistance bands and hand weights, along with some flexibility, balance and brain training. NO FLOOR WORK. The class ends with a 10-minute guided relaxation experience, except on the 1st & 3rd Fridays when we do a shorter strength/stretch set and 20 min. of optional line dancing. Fee: Attend once a week- \$20 per month; twice a week- \$36 per month. Drop in fee- \$9 per class. *Occasionally class meets on Wed. due to holidays and events.*




2. Still Going Strong, Strength & Stretch Training, Monday and/or Friday, 11:15am-




12:15pm. This class includes a 10-minute warm-up, followed by a 40-45 minute mix of standing, seated and mat exercises using resistance bands, hand weights and body weight. The majority of the class is devoted to strength & stretch but we also do balance and brain work. INCLUDES FLOOR WORK. The class ends with a 5-10 minute guided relaxation experience. Fee: Attend once a week- \$17 per month; twice a week- \$30 per month.





3. Non-Impact Chair Exercise, Monday only, 12:35-1:15pm. If you have a physical challenge that currently makes it really difficult or impossible to stand for prolonged periods then this class is for you. NO STANDING OR FLOOR WORK. The entire revitalizing class is down sitting in a chair! Warm-up is 10 minutes, followed by 10 minutes of chair aerobics including brain exercise, 10 minutes of strength training using weights and bands, and 10 minutes of stretch and relaxation. Everyone is welcome, including those who need a cane, walker or wheelchair. Fee: Once a week- \$16 per month; Drop in fee is \$6 per class. *Occasionally class meets on Friday due to holidays and city events.*



*Classes are for members only. Goldenaires membership fee is \$30 yearly.

Location: San Rafael Community Center Auditorium, 618 B Street, San Rafael, CA 94901

Questions? Call 415-485-3348 (office) or 707-642-3603 (Jeanette). Visit www.YouthfulHearts.com for more info.



2015 AARP Driver Safety Program Course

JULY 28th & 30th (TUES/THURS) 1:00-5:00pm

SEPT. 15th (TUES) 12:30-5:00pm ***

NOV. 10th & 13th (TUES/FRI) 1:00-5:00pm

This AARP-sponsored course is offered at the San Rafael Community Center and is available to all motorists ages 55 and older. **Fee: \$15 for AARP members and \$20 for non-members (includes certificate which is valid for 3 years.) Please provide your AARP membership number when signing up for this class for reduced fee.** The course will substantially improve the driving skills of older motorists. This 8-hour classroom course is designed to meet the specific needs of older drivers and will focus on sharpening their driving skills, as well as developing strategies for adjusting to age-related changes in vision, hearing and reaction time. **You must attend BOTH days at the same location. ***The 4 1/2 hour refresher course is for people who have already taken the 8-hour course within the last 4 calendar years (review class).** To register, call the Goldenaires at (415) 485-3348, stop by their office or mail in your payment with a self-addressed stamped envelope for the return of your receipt. Instructor: Paul Roye. **If you do not cancel by the day before class is held, or if you do not attend the first class, fee will be retained.**

NEW CRUISE – ALASKA IN AUGUST 2015

AUGUST 11-22, 2015 ON THE STAR PRINCESS ALASKA CALLED "THE DENALI EXPLORER", FLY TO FAIRBANKS, THEN SPEND 3 NIGHTS AND DAYS IN DENALI NAT'L PARK, TRAIN TO SHIP FOR 7-NIGHT CRUISE TO BEAUTIFUL VANCOUVER.



- IB Category Inside \$2263 pp Land & Cruise Mid-ship
- OW Category Obstructed View \$2403 pp Land & Cruise Mid-ship
- OC Category Ocean View \$2983 pp Land & Cruise Mid-ship
- BB Category Balcony \$3213 pp Land & Cruise Mid-ship

ALSO INCLUDED: Free Sternwheeler Riverboat ride in Fairbanks, Free Denali Park National History Tour, 3 Nights in Beautiful Princess Cruises Lodges with Views of Denali.

RESERVE EARLY FOR BEST STATEROOM LOCATION. IF FARE IS REDUCED, YOU WILL RECEIVE THE LOWER FARE!!! CRUISE-TOURS ARE THE BEST WAY TO EXPERIENCE ALL OF ALASKA. Barbara Nelson, our Travel Consultant, has cruised Alaska 8 times & is a big help in planning your tour. Call her toll-free at 866-462-7887 or email her at: barbarastravel@earthlink.net CST 1003321-10 Ships of Bermudan Registry

IT'S COOKING TIME AGAIN!!!!

COOKING WITH EFFIE

TUESDAY, AUG. 25TH SIGNUP NOW!!!!

11:30-1:30PM in the Kitchen at the

San Rafael Community Center

RESERVATIONS REQUIRED!

MAXIMUM 20 MEMBERS

FEE: \$12.00 (DEMONSTRATION, LUNCH,

RECIPES & LAUGHS)

Luncheon including: Entrées, Dessert & Tea.

DON'T MISS OUT ON A FUN TIME!



NEWEST PRINCESS CRUISE SALE!!

NEW SHIP – LONDON TO FLORIDA—16 DAYS

VISIT PARIS, SPAIN & PORTUGAL

SEPTEMBER 6TH – 21ST, 2015



LOW, LOW SPECIAL AIRFARE OF \$771.56 !!

(THIS LOW AIRFARE WILL INCREASE WITHOUT NOTICE—DO NOT WAIT)

\$400 PER CABIN ONBOARD CREDIT FOR BALCONIES, MINI-SUITES & SUITES

ENJOY CHOCOLATE & “SOUND OF MUSIC” ITINERARY ON THE NEW REGAL PRINCESS

London, Overnight Rotterdam, Paris/Normandy, At Sea, Vigo/Spain, Lisbon, at Sea, the Azores, 6 Days at Sea, Ft. Lauderdale



DISCOUNTED FARES FOR ONE MONTH AS LOW AS ONLY \$105 PER DAY

Inside rooms from \$1699 per person/SAVE \$600

Balcony rooms from \$1999 per person/SAVE \$1200

Mini-Suites from \$2699 per person/Save \$400

The Regal Princess has no ocean view staterooms. Taxes and Fees are \$150.06. Airport Transfers are \$78 roundtrip. Travel Insurance is extra. With Princess Air, Transfers may be included (also to Princess Hotel).

This cruise helps support the Goldenaires. CALL OUR CRUISE EXPERT BARBARA NELSON AT 866-462-7887 OR EMAIL AT barbarastravel@earthlink.net CST 1003321-10

SUNDAY DANCES

San Rafael Community Center

618 “B” Street, San Rafael 485-3348 or 485-3333

FEATURING

THE MANNY GUTIERREZ QUARTET

JUNE 28th

JULY 19th (3rd Sunday)



AUGUST 30th

SEPTEMBER 27th

2:00 pm – 5:00 pm (doors open at 1:30)

\$10.00 GENERAL \$7.00 GOLDENAIRE MEMBERS

(MUST SHOW MEMBERSHIP CARD)

Open to the Public/Singles & Couples

Snacks and Refreshments provided

Plenty of mixers so all dance Great wood floor; air conditioning; and plenty of parking

MONDAY NIGHT BINGO

JUNE 15TH & AUG. 17TH, 2015

SAN RAFAEL COMMUNITY CENTER
618 B STREET - SAN RAFAEL
 (Sponsored by the San Rafael Goldenaires)



Call Whistlestop Wheels for transportation: 454-0964

DOORS OPEN 5:30pm
BUFFET DINNER 6:00-6:45pm
 (Chicken, Salad, French Bread, Dessert, Coffee/Tea)

BINGO GAMES BEGIN AT 7:00pm (PROMPTLY)

ADVANCE RESERVATION: \$20.00 per person
 Deadline for advance reg. : **Friday, June 12th & Aug. 14th, 2015**
AT THE DOOR: \$25.00 per person

(Includes dinner, one (1) 6-on game pack & one (1) FREE bingo dauber)

DINNER ONLY: \$15.00
PLAY BINGO ONLY: \$10.00 (1 free dauber & one 6-on game pack)
CASH PRIZES: \$60 TO \$150 (15 GAMES OF BINGO PLAYED)

Additional games available for purchase:



Packs of 10 sheets-3 squares per sheet - \$5.00/pack
6 squares per sheet - \$10/pack.

SPECIAL GAMES ARE \$1.00 per sheet
Prizes pay out: \$100

4-5-6 GAME is \$2.00 per sheet or 3 sheets for \$5
Prizes pay out: \$150

Mail in your reservation with payment or come to the San Rafael Community Center (San Rafael Goldenaires' office) and sign up! Anyone over the age of 18 is welcome to join in for a night of fun!

ANNOUNCING THE UPCOMING BROADWAY THEATRE SEASON 2015-2016

Listed below are the new theatre productions coming to San Francisco. If interested in any or all of these, please call the office (415-485-3348) place your name on the interest list. If enough signups, we will order tickets & you will be first contacted to signup prior to advertising to the group. COST: \$100-\$180 (includes bus, escort, bus & driver's tip)



IF/THEN- NOV-DEC 2015 (Orpheum Theatre) A New musical is a contemporary Broadway musical about living in New York today-and all the possibilities of tomorrow. With unforgettable songs and a

deeply moving story by the Pulitzer Prize and Tony Award-winning creators of *Next to Normal*, this “fascinating, ambitious, and original new musical (*New York Post*)” simultaneously follows one woman’s two possible life paths, painting a deeply moving portrait of the lives we lead, as well as the lives we might have led.

A GENTLEMAN’S GUIDE TO LOVE & MURDER-DEC 2015 (Golden Gate Theatre)

Getting away with murder can be so much fun... and there’s no better proof than the knock-‘em-dead hit show that’s earned unanimous raves and won the 2014 Tony Award® for BEST MUSICAL. As one most gentlemanly *NPR* critic put it, “I’VE NEVER LAUGHED SO HARD AT A BROADWAY MUSICAL!” *GENTLEMAN’S GUIDE* tells the story of Monty, an heir to a family fortune who sets out to jump the line of succession by—you guessed it—eliminating the eight relatives who stand in his way. All the while, Monty has to juggle his mistress, his fiancée & the constant threat of landing behind bars! It will all be worth it if he can slay his way to his inheritance & be done in time for tea.

DIRTY DANCING-FEB- MARCH 2016 (Golden Gate Theatre)

Seen by millions across the globe, this worldwide smash hit features the hit songs “Hungry Eyes,” “Hey Baby,” “Do You Love Me?” and the heart-stopping “(I’ve Had) The Time Of My Life.” London’s Sunday Express says, “This crowd-pleasing stage adaptation hits the jackpot!” It’s the summer of 1963, and 17-year-old Frances “Baby” Houseman is on vacation in New York’s Catskill Mountains with her older sister and parents. Baby discovers her own entertainment when she stumbles upon the staff quarters where an all-night dance party is in full swing. Mesmerized by the raunchy dance moves and the pounding rhythms, Baby can’t wait to be part of the scene, especially when she catches sight of Johnny Castle the resort dance instructor. Baby’s life is about to change forever as she is thrown in at the deep end as Johnny’s leading lady both on-stage and off with breathtaking consequences.

CABARET-JUNE-JULY 2016 (Golden Gate Theatre)

As part of their 50th Anniversary Season, the critically acclaimed and award-winning Roundabout Theatre Company is proud to present **SAM MENDES** (*Skyfall*, *American Beauty*) and **ROB MARSHALL’S** (*Into the Woods* and *Chicago*, the films) Tony Award®-winning production of *CABARET*. Welcome to the infamous Kit Kat Klub, where the Emcee, Sally Bowles and a raucous ensemble take the stage nightly to tantalize the crowd—and to leave their troubles outside. But as life in pre-WWII Germany grows more and more uncertain, will the decadent allure of Berlin nightlife be enough to get them through their dangerous times? Come hear some of the most memorable songs in theatre history, including “Cabaret,” “Willkommen” and “Maybe This Time.” Leave your troubles outside – life is beautiful at *CABARET*, **JOHN KANDER**, **FRED EBB** and **JOE MASTEROFF**’s Tony-winning musical about following your heart while the world loses its way.

BEAUTIFUL: THE CAROLE KING MUSICAL AUG-SEPT.2016 (Orpheum Theatre)

tells the inspiring true story of King’s remarkable rise to stardom, from being part of a hit songwriting team with her husband Gerry Goffin, to her relationship with fellow writers and best friends Cynthia Weil and Barry Mann, to becoming one of the most successful solo acts in popular music history. Along the way, she made more than beautiful music, she wrote the soundtrack to a generation. Featuring a stunning array of beloved songs written by Gerry Goffin/Carole King and Barry Mann/Cynthia Weil, including “I Feel The Earth Move,” “One Fine Day,” “(You Make Me Feel Like) A Natural Woman,” “You’ve Got A Friend” and the title song, *BEAUTIFUL* has a book by and Tony® Award-nominee and Academy® Award-nominated writer Douglas McGrath, direction by Marc Bruni, choreography by Josh Prince, and took home two 2014 Tony® Awards and a 2015 Grammy® Award.

******NEW PRODUCTION ADDED FOR THE SEASON: HEDWIG & THE ANGRY INCH – OCT. 2016**

2014 TONY AWARD-BEST MUSICAL REVIVAL. *Hedwig and the Angry Inch* is a rock musical about a fictional rock and roll band fronted by a genderqueer East German singer named Hedwig. Hedwig, formerly Hansel, assumes a female persona after a botched sex change operation which was performed to allow him to marry an American man and escape East Germany. The book is by John Cameron Mitchell, and the music and lyrics are by Stephen Trask. The story draws on Mitchell's life as the son of a U.S. Army Major General who once commanded the U.S. sector of occupied West Berlin. The character of Hedwig was inspired by a German divorced U.S. Army wife who was a Mitchell family babysitter and moonlighted as a prostitute at her Junction City, Kansas, trailer park home. The music is steeped in the androgynous 1970s glam rock style of David Bowie (who co-produced the Los Angeles production of the show), as well as the work of John Lennon and early punk performers Lou Reed and Iggy Pop.

TRIP POLICIES, PROCEDURES & PROGRAMS

PROCEDURES FOR SIGN-UP DAY: Tuesday, JUNE 16th at 9:30am for NEW TRIPS. First day to sign-up for tours. **PLEASE be patient & quiet in the office during sign-ups.**

BUS INFORMATION When riding on our chartered buses, you are not allowed to walk around while the bus is in motion. Please remember that water may not be available on the bus, so bring a small bottle of water if you require some while on a trip. Please, no talking to the bus driver while he/she is driving, as it is unsafe. Please wear your name badge while on trips and at events. No drinking of alcohol or smoking allowed on the bus. Bus restrooms are for emergencies only! **NO PARKING IN COMMUNITY CENTER LOT FOR TRIPS.**

PAYMENTS & REFUNDS Cash and checks are gladly accepted. CURRENTLY, WE ARE UNABLE TO ACCEPT CREDIT CARDS. 100% refund if you cancel before deadline date; NO REFUND if you cancel after deadline. If we can fill your space after the deadline, you will receive 90% back (unless there are additional charges from the tour company OR if you cancel the day of the tour). Checks returned to our office will be charged a \$10 fee in addition to your bank's fee. Refund checks will take 2 weeks to process.

TRIP RESERVATIONS – MAIL-IN REQUESTS ARE ENCOURAGED!!! Reservations taken over the phone for NEW trips will be accepted on the day after first day of signups (ie. JUNE 17th). You must either come into the Goldenaires office or mail in your requests! ***PLEASE INCLUDE A SELF-ADDRESSED ENVELOPE FOR RETURN OF YOUR RECEIPT.*** We do take phone reservations if the trips are not filling up. Check with office before sending in your money. Receipts are held at the office if no return envelope was sent. Trip reservations by mail are processed after walk-ins on first day of sign-ups.

GUESTS ARE WELCOMED ON TRIPS & EVENTS Guests (ADULTS ONLY, not young children!) are allowed on trips, dinners and luncheons. Non-members must pay an additional \$10 for trips (and sign a release form) and dinners & luncheons is an extra \$5.00. BINGO-must be at least 18 years of age, LUNCHEONS-must be at least 13 yrs & up, TRIPS/DINNERS- Over the age of 21. Currently, the Executive Board has agreed that BRING A FRIEND AT NO EXTRA FEE is in effect for the

PERFUME, AFTER-SHAVE AND COLOGNE ARE NOT ALLOWED ON TRIPS! Please refrain from using strong scented perfumes & cologne while riding on the bus. We appreciate your cooperation & consideration of others. **WOMEN-NO HEAVY PERFUME!!!!**

BE ON TIME A reminder that when the trip escort tells you the time to re-board the bus (i.e. Reno/Tahoe/day trip), please be on time – don't make the other passengers wait. The escorts have been instructed to leave passengers – therefore, the late passenger will have to pay for their transportation home!

BE COURTEOUS TO MEMBERS Please limit the use of cell phones while on bus trips. Calling for your ride home is acceptable, but not a lengthy conversation while riding on the bus. In addition, please cover your mouth when coughing – germs spread like "wild-fire" when on a bus/plane.

REMINDER ABOUT PARKING! NO PARKING in the Community Center or Safeway parking lots while on bus trips. If you are being picked up after a trip, please have your driver pick you up at the Center and NOT Park and Ride. Phones available at Safeway or 7-11. The Center parking lot is for participants (Goldenaires) while in the building, participating in a class, doing business with the office or Bingo.

GIFT CERTIFICATES The Goldenaires Organization can provide gift certificates for any dollar amount that can be applied to any activity, class, trip or event that we offer in the Newsette. In addition, we also issue certificates for BINGO! So, looking for a gift for a fellow Goldenaire? Look no further! Purchase a gift certificate for one of our many fabulous Goldenaires activities! Certificates are available during office hours. Don't forget our "Memorial Fund" in memory of a member or a loved one.

MEMORIAL FUND – San Rafael Goldenaires-501 (c) 3 - Non Profit Organization - #59-3837185

San Rafael Goldenaires Organization appreciates all bequests, whether large or small. All gifts either in memory of a loved one, a friend or in your estate helps with the continued programs and success of this organization. For many of our deceased members, their families have listed the Goldenaires as a recipient to send donations. We deeply appreciate your support as these monies allow us to offer programs and services at either a reduced cost or no cost to the members. Your donations are tax deductible. Thank you!

HOMESHARE PROGRAM: Free referral service matching seniors who have rooms to rent with people seeking affordable housing. Contact Leslie Klor, Episcopal Senior Communities at Whistlestop 456 9062 ext. 132.

MARIN ACCESS – TRANSPORTATION CHOICES – 1) VOLUNTEER PROGRAM: 415-454-0902 Provides transportation support for seniors and ADA eligible riders in Eastern Marin. Provides mileage reimbursement to driver-(\$0.35 per mile) 100 miles/mo, 300 in West Marin.

2) CATCH-A-RIDE: Allows Marin residents who are age 80 and older as well as residents 60 and older who no longer drive to receive a subsidy to ride on Taxis and other licensed vehicles within Marin. \$14 subsidy toward rides (\$18 if low income). 8 one-way rides a month. For more information call 446-0902. **3) MARIN ACCESS PARATRANSIT:** Marin residents whom are unable to ride public transit due to a disability. Door to Door Service. Ride Share Program. For more information call 454-0902.

MARIN MEDICAL EQUIPMENT RECYCLERS: is a locally run volunteer non-profit based in San Rafael. They accept donations of clean & usable medical equipment & supplies & give them to individuals in our community who need them. To donate items: Wednesdays ONLY- 11:00-2:00PM 3100 Kerner Blvd., San Rafael. Contact for more information: 415-388-8198

JULY 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ALL PROGRAMS & CLASSES TAKE PLACE AT THE SAN RAFAEL COMMUNITY CENTER UNLESS OTHERWISE NOTED IN THE NEWSETTE!			1 Ukulele 10-10:50 BINGO 12 Noon Good Earth Lunch 11am	2 Bocce League	3 OFFICE & BUILDING CLOSED No Classes	4 Happy Independence Day
5	6 Bocce League Painting 10 - 3:30pm Exercise 9:30-11 Mat 11:15-12:15 Bridge 10:45-3pm Chair Aerob 12:35-1:10 <u>EX.BD.MTG 9:30AM</u>	7 Painting 10-3pm Mahjong 9:30-12pm Poker 12:15-3:30pm Bocce (open play) 9-3	8 Bocce League Ukulele 10-10:50 BINGO 12 Noon Good Earth Lunch 11am	9 Bocce League	10 Wood 9-10:30AM Exercise 9:30-11 Mat 11:15-12:15 Bocce(open play) 9-3 Crafts 12:30-3pm <u>LUAU LUNCH</u>	11
12	13 Bocce League Painting 10- 3:30pm Exercise 9:30-11 Mat 11:15-12:15 Bridge 10:45-3pm Chair Aerob. 12:35-1:10 <u>RED HAWK</u>	14 Painting 10-3pm Mahjong 9:30-12pm Poker 12:15-3:30pm Bocce (open play) 9-3 NEWSETTE	15 Bocce League Ukulele 10-10:50 Exercise 9:30-11 Mat 11:15-12:15	16 Bocce League <u>KITCHEN KUT-UPS</u>	17 Wood 9-12Noon Exercise 9:30-11 Mat 11:15-12:15 Bocce(open play) 9-3 Crafts 12:30-3pm	18
19 ***SUNDAY*** DANCE 2-5PM	20 Bocce League Painting 10 --3:30pm Exercise 9:30-11 Mat 11:15-12:15 Bridge 10:45-3pm Chair Aerob. 12:35-1:10 <u>CRAFT FAIR</u> <u>Signups-Gold.9:30</u>	21 Painting 10-3pm Mahjong 9:30-12pm Poker 12:15-3:30pm Bocce (open play) 9-3 TRIP SIGNUPS <u>CRAFT FAIR</u> <u>Signups-Public 9:30</u>	22 Bocce League Ukulele 10-10:50 BINGO 12 Noon Good Earth Lunch 11am GENERAL MTG 11:45AM	23 Bocce League	24 Wood 9-12Noon Exercise 9:30-11 Mat 11:15-12:15 Bocce (open play) 9-3 Crafts 12:00-3pm <u>ROSIE RIVITOR</u>	25
26 <u>ROYAL JAZZ CONCERT</u>	27 Bocce League Painting 10 --3:30pm Exercise 9:30-11 Mat 11:15-12:15 Bridge 10:45-3pm Chair Aerob. 12:35-1:10	28 Painting 10-3pm Mahjong 9:30-12pm Poker 12:15-3:30pm Bocce (open play) 9-3 Driving 1-5pm	29 Bocce League BINGO 12 Noon Good Earth Lunch 11am <u>MATILDA</u>	30 Bocce League Driving 1-5pm	31 Wood 9-12Noon Exercise 9:30-11 Mat 11:15-12:15 Bocce(open play) 9-3 Crafts 12:00-3pm	

San Rafael Goldenaires, Inc.
P.O. Box 151560 (618 B Street)
San Rafael, CA 94915-1560


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Organization
U.S. Postage
San Rafael, CA
94901
Permit No. 147

CURRENT RESIDENT OR

IMPORTANT DATES TO REMEMBER FOR 2015!

Please read the Newsette - dates are subject to change & more activities may be added

Many thanks are extended to the following agencies/businesses that are advertising in our Newsette. Please support these agencies (if not using them yourselves), but by referring friends and family members if they are in need of their services.



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Call (888) 537-4443 today to experience
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Tours to Europe**

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(415) 297-1554
sdwight@bradleyrealestate.com
CalBRE# 01035908



All activities held at the SR Community Center

- Monday Night Bingo-June 15th
- Summer Splash Lunch-June 19th
- LUAU Lunch- July 10th
- Chinese Lunch-August 7th
- Monday Night Bingo-August 17th
- PICNIC - Sept. 11th
- Senior Information Fair Civic Center-Oct. 21st
- OCTOBERFEST-Oct. 30th
- Craft Fair- November 6th
- HOLIDAY GALA-December 11th

OFFICE CLOSED & NO CLASSES

December 21st - Jan 1st, 2016

OFFICE REOPENS-Jan. 4th, 2016