

PREPAREDNESS IS THE KEY TO SURVIVAL IN A DISASTER!

The San Rafael Office of Emergency Services offers 2 disaster survival programs to residents of San Rafael.



GET READY!

We know from living in Marin County and San Rafael that we face a multitude of hazards including: earthquakes, wildfires, flooding, and landslides. To address these public safety risks, a simple and **free** two-hour emergency preparedness course is offered to all households in San Rafael.

What you will learn from taking this class:

- § Gain the necessary information to protect you and your family during a disaster.
- § Learn how to create emergency supply kits for your home, work, and car.
- § Learn how to become a survivor and feel empowered to take care of yourself and those around you.



COMMUNITY EMERGENCY RESPONSE TEAM (CERT)

In the event of disaster first responders will be overwhelmed and unable to respond to all the emergency needs of our residents as quickly as desired. Recognizing this, the San Rafael CERT program prepares residents to work as a team and take care of their neighborhoods. This program will give you the tools and the education to help yourself and your neighbors. CERT is about neighbors helping neighbors.

By taking a CERT class you will learn:

- § To work as a team member, doing the greatest good for the greatest number of people after a disaster.
- § Fire safety and suppression.
- § Search and rescue.
- § Disaster medicine.
- § Lifting heavy objects.
- § How to organize a CERT team in your neighborhood.

To register for either class or to get more information contact the San Rafael Office of Emergency Services at 415-458-5002 or email sanrafaelprepare@cityofsanrafael.org